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Caminho Portugues Packing List

Even the most experienced pilgrim has a packing list. This is what I have decided on carrying for my walk out of Lisbon in September.

Backpack - [Lowe Alpine 35litre Airzone Trail](#) / Shoes - [Salomon X Ultra Trail Shoes](#)

Rain Jacket - [Berghaus rain jacket](#) and [Columbia rain trousers](#)

For water: [Contigo 720ml water bottle](#)

Clothes:

Bottoms: [Craghopper Nosilife zip off trousers](#)

Socks - [1 pair of Bridgedale socks](#) and 1 pair of Quechua socks

Underwear - 2 pair of Under Armour / Baseball cap - Jack Wolfskin

Shirt - [Craghoppers long sleeve shirt](#) & [Colombia short sleeved shirt](#)

Fleece: [RAB Micro fleece](#)

Sandals: [Crocs Men's Swiftwater River Sandal](#)

[Sleeping bag liner - Sea to Summit](#)

Wash kit and Medical:

Towel - [1 Mountain Warehouse quick dry Microfibre towel](#)

[Lifeventure All-purpose soap 100ml](#)

Several safety pins for hanging laundry

Wash kit & Earplugs

Vaseline

Electronics:

Mobile Phone, plug and charging cable

Fitbit & charging cable

Other:

Passport & [Credential from Camino Society Ireland](#)

[Small over-the-shoulder bag](#)